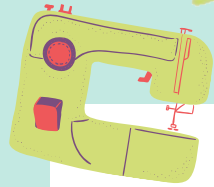


# Crafty Hands



**WOULD YOU LIKE  
TO LEARN NEW  
SKILLS ?**

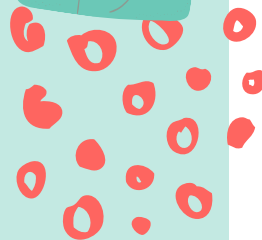


**SEWING  
CRAFTS**



**BUYING & SELLING  
RETAIL EXPERIENCE  
CUSTOMER SERVICE**

Get creative and learn new  
skills in our shop !!



## Contact Information

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Find us on  
Facebook  
[@FredasDayCentre](https://www.facebook.com/FredasDayCentre)

## Freda's Day Centre



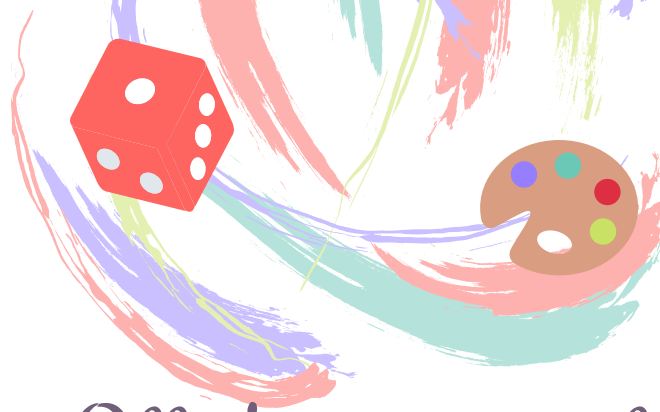
Meet new friends, socialise  
and learn life skills.

Freda's Day Centre for Adults  
with learning disabilities and  
Older people.

# How we started



My name is Freda Parry and after working for over 25 years with Shropshire Council I decided to open a daycentre for adults with learning disabilities and older people. We have recently decided to move into our own premises in Beatrice Street, Oswestry where we can offer a lot more services.



## Offering a range of activities!

**Games, Arts & Crafts, Baking, life skills, Bingo, Live Music, Organised Trips, Relaxation Sessions and plenty more.**

We are a person centred company and can adapt our activities to suit our clients needs and interests.

# What we offer!

We are still offering a traditional Day Service for adults with learning difficulties and older people, we are also starting a new enterprise called 'Crafty Hands' which will offer a day opportunity for adults with learning difficulties wanting to learn crafts and retail skills in our shop.

## "PERSON CENTRED"

We offer a full day service to include lunch and half days, hourly rates with the option to purchase lunch.

There will also be the opportunity to access the local community and trips.