



# Freda's Day Centre

73/75A Beatrice Street, Oswestry, SY11 1HL

Day Service for Adults with learning disabilities and older people

## ACTIVITIES

ARTS & CRAFTS

COOKING

BINGO

LIVE MUSIC

KNITTING

QUIZ'S

AFTERNOON TEA

COMMUNITY ACCESS

ORGANISED TRIPS



Come and make friends in a quiet, safe environment



Lunch & Refreshments included 



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[FredasDayCentre.com](http://FredasDayCentre.com)

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